



Tallawong Park Little Athletics

PRESIDENTS MESSAGE

Another season is under way and it's great to see so many enthusiastic kids on a Friday night competing, having fun and learning new skills.

We would ask parents to be patient as the nights do get warmer and faster as the new athletes are trained up and the helpers get into a rhythm.

Another way of helping us get through the night faster is helping at field events and as place judges. All the committee, age managers and helpers are parents just like you and as the saying goes "many hands make light work".

The annual Inter-Club Challenge against Prospect Little Athletics Club is fast approaching and we need everyone's help to win it this year. Prospect has won the first three challenges and we need to show them that Tallawong Park can compete and win.

The best way to win is to have as many athletes as possible; this will maximise our points in every event. So get your entries in early and dress in blue and gold and help support our kids on Sunday 10th November 2013.

It's a pleasure to lead our great club and be part of such a family fun environment.
I hope you all enjoy the season.

Brad Bunting

Important Dates for January/February

Change of Dates for Friday Night Competition

Due to Zone and Region Championships in January/February we are required to change our Friday night competition to Wednesday's.

The following dates to remember are:

Wednesday 22nd January instead of Friday 24th January 2014 (Zone).

AND

Wednesday 12th February instead of Friday 14th February 2014 (Regional).

Issue 1/6

October 2013

Dates for your Diary:

- Doonside Gala Day
Saturday, 19th October 2013
- Liverpool City Little Athletics Centre Gala Day
Sunday, 27th October 2013
- Inter-Club Challenge
Sunday, 10th November 2013

UNIFORMS

ALL ATHLETES ARE REQUIRED TO BE IN CENTRE UNIFORM

Singlet's \$30.00
Crop Tops \$30.00
Shorts \$28.00
Bike Pants \$28.00
Hats \$12.00
Club Jackets \$70.00
Scrunches \$5.00

Uniforms are an inaugural part of Little Athletics. All children must be in full uniform and this includes displaying all numbers and logos in their appropriate positions.

Full centre uniforms are to be worn at all times on Friday nights and outside centre competitions.

If you require to purchase uniforms, please see Norma in the committee room beside the canteen.

Please Note: Tallawong badges for the uniform have been ordered hopefully the shipment will arrive in two weeks; an announcement will be made to come & pick up from the committee room.

Thanks Norma

Interclub Challenge Sunday 10th November 2013

We are looking forward to a great day. This is a fun day where Tallawong Park v's Prospect Little Athletics in a chance to win back the shield we lost last year.

Athletes choose their events they wish to compete in and the points tally is recorded to decide the winning club.

The Interclub Challenge starts at 8.30am (First Call 8.15) on Sunday 10th November at Tallawong Oval, Tallawong Ave Blacktown.

Bring your chair, blanket and your shelter to enjoy watching your child/children compete on this day. There will be a canteen and BBQ facilities available for breakfast & lunch.

Good Luck to all Athletes.

GO TALLAWONG PARK!!

New Smoking Laws

As of 7 January 2013, changes by the NSW Government to legislation on smoke-free outdoor areas came into effect across NSW.

These changes are a key strategy in reducing community exposure to second-hand smoke, tobacco-related harm and the uptake of smoking.

The smoke-free areas were chosen as they are public outdoor places popular with children and families, or which can be crowded, or at which there is limited opportunity to avoid second-hand smoke.

Smoking is now banned in the following outdoor places:

- **with in 10 metres of children's play equipment in outdoor public spaces;**
 - **Spectator areas at sports grounds or other recreational areas;**
 - Swimming pool complexes;
 - Railway platforms, light rail stops, light rail stations, bus stops, taxi ranks and ferry wharves;
 - with in four metres of a pedestrian access point to a public building.
- A penalty notice (Penalty: \$110.00) upon any person who fails to comply with the terms of any such notice.

Tallawong Park Little Athletics Code of Conduct

Tallawong Park Little Athletics Club members, volunteers and staff are committed to the mission of the organisation to provide recreational activities including sports, arts and life-skills that provide young people with the chance to lead and enjoy a good life.

In participating in our programs or activities, our members, volunteers and staff are entitled to expect a safe environment and agree:

- To **respect** the rights, dignity and property of other members, volunteers, staff and other participants in activities, including their feelings, opinions and personal space;
- To **not abuse or harass** others, physically or psychologically, or place them in danger, or treat them in a discriminatory way, or take advantage of them;
- To be patient and considerate of others, and to respect their **privacy**;
- To help the organisation provide a safe environment, **safe equipment, and safe activities**, and to report breakages and malfunctions;
- To follow the organisation's **rules and policies** and **reasonable directions** of staff or supervisors; and
- To **report problems** or behaviour that put them or others at risk of harm or abuse.

If Parents have any concerns or complaints please follow these options

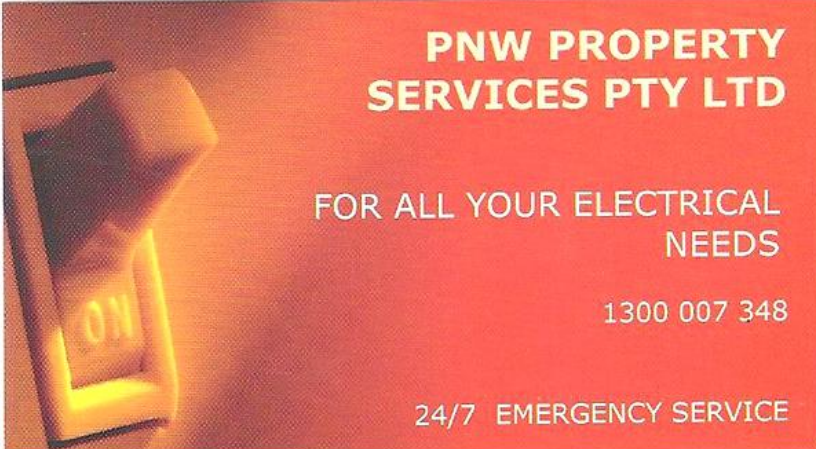
1. On the night please approach the President Brad Bunting
2. Please forward them in writing to the secretary@tallawongparkla.org.au
3. Come along to our next committee meeting
(Dates will be posted on our website)

All our meat is supplied through



www.tallawongparkla.org.au

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If anybody is interested in advertising in our newsletter please contact

secretary@tallawongparkla.org.au

Advertising price is \$200.00 for five newsletters.

Our Sponsors 2013/2014

Look who's at Blacktown City Bowling Club...

Charlie's FAMILY RESTAURANT

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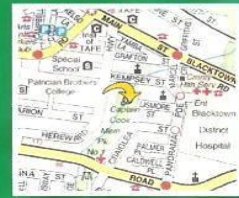
15 Lismore St,
Blacktown City Bowling Club
(near Blacktown Hospital)

Ph 9622 1589
Mob 0403 903 772

Wed to Sun Lunch
12:00pm - 2:00pm

Dinner Wed, Thurs, Sun
5:30pm to 8pm

Fri, Sat 5:30 to 9pm



CHARLIE'S FAMILY RESTAURANT

DINNER VOUCHER

Blacktown City Bowling Club,
Lismore St Blacktown (near Blacktown Hospital)

Present this voucher to Charlie's Family Restaurant and Tallawong Park Little Athletics Club will receive 5% of the meal Purchases

Value \$ _____

Quote of the Month

"The more fun an athlete is having, the more they will learn and the better they will perform."

www.tallawongparkla.org.au

Bunning's BBQ & Cake Stall
13/07/2013

